



SUPERSOFT COWL



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SIZE

One size.

MATERIALS

- 2 50g balls of Lana Gatto **SUPERSOFT** shade #5240 Fuchsia.
- One pair size US 8 [5mm] needles or size to obtain gauge.
- Cable needle.
- Tapestry needle with rounded point.

STITCHES

USING KNITTING NEEDLES:

Stockinette stitch

Row 1 [RS]: K all sts.

Row 2: P all sts.

Reverse Stockinette stitch

Row 1 [RS]: P all sts.

Row 2: K all sts.

2x2 Rib [multiple of 4 sts plus 2]

Row 1: *k2, p2; rep from * to last 2 sts, k2.

Row 2: k the knit sts and p the purl sts.

Rep Row 2 for 2x2 Rib.

Cable Pattern [work over 38 sts]

Row 1: K.

Row 2 and foll even rows: P.

Rows 3: K.

Row 5: K1, [slip 6 sts to cable needle and hold to front of work, K6, then work K6 from cable needle, K6] twice, K1.

Rows 7 and 9: K.

Row 11: K1, [K6, slip 6 sts to cable needle and hold to back of work, K6, then work K6 from cable needle] twice, K1.

Row 12: P.

Rep Rows 1-12 for Cable pattern.

USING TAPESTRY NEEDLE:

Whip-stitch

GAUGE

24 sts and 24 rows to 4in/10cm over 2x2 Rib lightly stretched using size US 8 [5mm] needles.

19 sts and 28 rows to 4in/10cm over Stockinette st using size US 8 [5mm] needles.

Cable pattern is 5in/13cm wide.

ABBREVIATIONS

beg	begin[ning]	p	purl
cm	centimeters	rep	repeat
cont	continue[ing]	rev	reversed
dec	decrease[ing]	RS	right side[s]
g	grams	st[s]	stitch[es]
in	inch[es]	St st	Stockinette stitch
inc	increase[ing]	WS	wrong side[s]
k	knit	wyib	with yarn in back
mm	milimeters	wyif	with yarn in front

CENTRAL PANEL

With size US 8 [5mm] needles, cast on 32 sts.

Work as follows: 4 sts in Rev St st, 24 sts in St st and 4 sts in Rev St st. When piece measures 2in/5cm, inc 14 sts evenly distributed over center sts in St st, to obtain 38 sts in St st [for inc, M1 st as follows: with tip of needle, lift strand between last st knit and next st on left-hand needle and knit into back of it to inc one st] and continue to work as follows: 4 sts in Rev St st, 38 sts in Cable pattern and 4 sts in Rev St st. When piece measures 8in/20cm from beg, dec inc 14 sts evenly distributed over center 38 sts, to obtain 24 sts in St st [for dec, K2 tog], and cont to work as follows: 4 sts in Rev St st, 24 sts in St st and 4 sts in Rev St st. When piece measures 10in/26cm from beg, bind off all sts.

SIDE PANELS

With RS of work facing you, pick up and K 72 sts on right-hand side of central panel, from bottom to top, and work in 2x2 Rib until rib panel measures 7in/18cm from beg. Bind off in rib.

Then, with RS of work facing you, pick up and K 72 sts on left-hand side of central panel, from top to bottom, and work in 2x2 Rib until rib panel measures 7in/18cm from beg. Bind off in rib.

FINISHING

Using tapestry needle, sew rib side seam in Whip-stitch.

This seam will be on the back half of the cowl. Then fold cowl in half lengthwise and sew seam. This seam will be in the middle on WS of work 