

SIZE TABLE

GAUGE: 24 sts and 36 rows/rnds = 10 x 10 cm

| Size | 22/23 | 24/25 | 26/27 | 28/29 | 30/31 | 32/33 | 34/35 | 36/37 | 38/39 | 40/41 | 42/43 | 44/45 | 46/47 |
|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| foot length (cm) | 14,5 | 15,5 | 17 | 18 | 19,5 | 21 | 22 | 23,5 | 25 | 26,5 | 27,5 | 28,5 | 30 |
| cast on | 32 | 32 | 36 | 36 | 40 | 40 | 44 | 44 | 48 | 52 | 52 | 56 | 56 |
| width of heel in sts | 16 | 16 | 18 | 18 | 20 | 20 | 22 | 22 | 24 | 26 | 26 | 28 | 28 |
| height on heel in rows | 14 | 14 | 16 | 16 | 18 | 18 | 20 | 20 | 22 | 24 | 24 | 26 | 26 |
| number of sts for turn heel | 6 | 6 | 6 | 6 | 8 | 8 | 8 | 8 | 8 | 10 | 10 | 10 | 10 |
| pick up sts on both sides | 8 | 8 | 9 | 9 | 10 | 10 | 11 | 11 | 12 | 13 | 13 | 14 | 14 |
| foot length from center of heel to the beginning of toe shaping (cm) | 11,5 | 12,5 | 14 | 15 | 16 | 17 | 18 | 19 | 20,5 | 21,5 | 22,5 | 23,5 | 24,5 |

LEG

Cast on the given number of sts, divide evenly across on 4 needles and join in round. Work in elastic patt to chosen length, f. i. alt. K1, P1. End with a complete rnd, thus working sts on needles 1 to 4. The thread of beginning is between needles 1 and 4.

HEEL

Work heel over half of the total number of sts, i. e. over needles 1 and 4. Cont in Stockinette st in open rows. For the border, work K3 on either side. Start at center back and work sts on 1st needle. Turn work and work sts on needles 1 and 4 with one needle. Work as many rows as there are sts.



TURN HEEL

Divide heel sts in thirds. On 1st row = RS row work all sts of 1st third, work sts of 2nd third to last st. K this last st together thru back of loops with 1st st of 3rd third = slip 1st st of 2nd third knitwise and return thus back to needle, photo at the left. Then work sts together and turn. Slip 1st st purlwise and P to last st of center third. P together this st with last st of 1st third. Turn again and slip 1st st. Then work together each time the last and 1st st of center third with following st until all sts of the outer thirds are worked in.



photo 1

JOINING THE INSTEP

Divide remaining turn heel sts again on 1st and 4th needle. At beginning of rnd join in a new thread. K sts on 1st needle (photo 1) then pick up sts along heel edge: insert needle between edge st and 1st st on every alt. row (photo 2.)

To avoid a gap when passing from 1st to 2nd needle: work an extra st in border st below of heel (photo 3.) Then K sts on 2nd and 3rd needle. For passing work again 1 st and st on heel edge. The rnd is joined again after working heel sts on 4th needle. Continue knitwise.

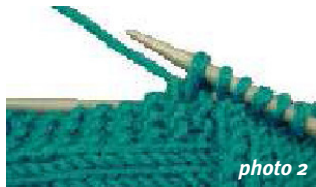


photo 2



photo 3



HEEL GUSSET

First work 2 rnds over all sts. Then dec again the extra sts on needles 1 and 4 as follows: K together sts 2 and 3 from end of 1st needle, K together thru back of loop sts 2 and 3 on 4th needle, continue until there is again the same number of sts as before the heel.



TOE SHAPING

Continue over these sts to the level of the little toe. Then work band dec first on every alt rnd, then on every rnd: K tog each time sts 2 and 3 from end of needles 1 and 3, work tog thru back of loop sts 2 and 3 on needles 2 and 4. When only 8 sts remain on rnd, divide these sts for each "band" on 2 needles and join by grafting. Slip yarn end to wrong side and weave the end in on the inside of the sock.