



**KFI**  
COLLECTION<sup>®</sup>

**BFW**  
BIG FREAKIN' WOOL

# ALISHA COWL

Knitwear design by Molly Pohlig

## FINISHED MEASUREMENTS

**Outer circumference, approximately:** 28in/66cm.

**Length, approximately:** 6in/15cm.

## MATERIALS

2 x 250g skeins of KFI Collection **Big Freakin' Wool** in shade 03 Medallion.

One pair size US 19/15mm needles or size to obtain gauge.

Large crochet hook and a small amount of scrap yarn in a bulky weight.

Stitch marker.

Yarn needle.

## GAUGE

6 sts and 4 rows to 4in/10cm over pattern st using size

US 19/15mm needles.

**TAKE TIME TO CHECK GAUGE.**

## ABBREVIATIONS

**cm** centimeter(s); **in** inch(es); **k** knit; **mm** millimeters;  
**p** purl; **rep** repeat; **RS** right side; **st(s)** stitch(es); **WS**  
wrong side.

## GLOSSARY

### Provisional Cast-On

**1)** With crochet hook and scrap yarn, chain the number of cast-on stitches stated in the instructions, plus a few extra. Cut a tail and pull the tail through the last chain.

**2)** Using US 19/15mm needle and working yarn, and working in the center of the chain, pick up one stitch through the 'purl bumps' on the back of the crochet chain until the desired number of cast on stitches are on the needle. Be careful not to split the waste yarn, as this makes it difficult to pull out the crochet chain at the end.

**3)** Continue working pattern as described.

**4)** To remove waste chain, pull out the tail from the last crochet stitch. Gently and slowly pull on the tail to unravel the crochet stitches, carefully placing each released knit stitch on a needle.

### Kitchener Stitch

**1)** Insert the yarn needle purlwise into the first stitch on the front piece, then knitwise into the first stitch on the back piece. Draw the yarn through.

**2)** Insert the yarn needle knitwise into the first stitch on the front piece again. Draw the yarn through.

**3)** Insert the yarn needle purlwise into the next stitch on the front piece. Draw the yarn through.

**4)** Insert the yarn needle purlwise into the first stitch on the back piece again. Draw the yarn through.

**5)** Insert the yarn needle knitwise into the next stitch on the back piece. Draw the yarn through.

Rep steps 2 through 5 until all stitches are bound-off.

## INSTRUCTIONS

Cast on 5 sts using provisional cast on.

**Row 1 (RS):** Slip 1 purlwise, k4.

**Row 2 (WS):** Slip 1 purlwise, k1, p1, k1, p1.

**Row 3:** Slip 1 purlwise, k4.

**Row 4:** Slip 1 purlwise, p1, k1, p2.

Rep rows 1-4 for pattern st until almost the entire 2nd skein is used, leaving enough yarn to graft ends.

## FINISHING

Carefully undo the scrap yarn from the cast on edge and graft live sts to last row of cowl using Kitchener stitch.

